

## <u>'Catch & Release' freshwater fish of the month</u>

l wish to er	nter for the		fish of the	month comp	petition
Name:		(month)			
Address:					
Postcode:		Tel N	lo:		
Type of Fish:					
Approximate	Weight of Fish:		lb		oz
Method of Fi	shing:				
(e.g. fly, spin	or bait)				
Location Cau	ght:				,
		(i.e. North L	ewis, South Har	ris. South Uist, etc)	
WITNESS:					
Name:					
Tel No:				•••••	
Please	provide pho	otographic evid	ence of th	e fish being	released
		leaf for compe		-	
Contact	Donnie on 01	851 70 3434 or 0	7717 344 24	46 for more i	nformation
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## RULES:

- 1. The competition will run monthly from the 15<sup>th</sup> March until 31<sup>st</sup> October.
- 2. All entries must be on an official Outer Hebrides Fisheries Trust 'Fish of the Month" entry form.
- 3. The competition is only open to salmon, sea trout and brown trout caught in the Outer Hebrides.
- 4. Fish may be caught by fly, lure or bait.
- 5. All entries must be witnessed, submitted with photographic evidence and by the 2<sup>nd</sup> day of the following month at the latest.
- 6. All entries may be submitted to Sportsworld or directly to the Outer Hebrides Fisheries Trust.
- 7. The monthly winner will be decided by a panel of 5 judges, their decision is final.
- 8. Prizes will be awarded as Fishing Tackle Vouchers and are not cash redeemable.
- 9. Each 'fish of the month' winner will receive a £75 tackle voucher and a small trophy.
- 10. The 'fish of the season' winner will receive a **£425** tackle voucher and the main competition trophy
- 11. Each "Fish of the Month" winner will be entered for the "Fish of the Season".
- 12. Winners will be notified by telephone.
- 13. The winner will have their photograph featured in the Stornoway Gazette and FishHebrides website. It will also be displayed by Sportsworld.
- 14. The competition is not open to any of the judges or their families.

## Guidelines on catch & release are available from:

OCHS DIVING SERVICE

Fisheries Research Services, Marine Laboratory, PO Box 101, Victoria Road, Aberdeen, AB11 9DB Tel: 01224 876544 Fax: 01224 295511 Website: www.marlab.ac.uk

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